

What Is Truth?

Ephesians 6:14-17, 4:17-24

1. It is the truth we must remember about ourselves.

Ephesians 4:17a | ¹⁷ Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do,

A. Because we walked in idolatry.

Ephesians 4:17b | ^{17b} that you must no longer walk as the Gentiles do, in the futility of their minds.

B. Because we walked in ignorance.

Ephesians 4:18 | ¹⁸ They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart.

C. Because we walked in immorality.

Ephesians 4:19 | ¹⁹ They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

2. It is the truth we must reckon with about Christ.

Ephesians 4:20-21 | ²⁰ But that is not the way you learned Christ!— ²¹ assuming that you have heard about him and were taught in him, as the truth is in Jesus,

A. Christ made it possible to resist the flesh.

Ephesians 4:22 | ²² to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires,

B. Christ has renewed the spirit of our minds.

Ephesians 4:23 | ²³ and to be renewed in the spirit of your minds,

C. Christ has robed us with his righteousness.

Ephesians 4:24 | ²⁴ and to put on the new self, created after the likeness of God in true righteousness and holiness.